

## LISTENING (approximately 40 minutes)

### Part 1

You will hear three different extracts. For questions 1–6, choose the answer (A, B or C) which fits best according to what you hear. There are two questions for each extract.

#### Extract One

You hear two friends talking about people who were once famous but who are now relatively unknown.

- 1 What point does the man make about people who are no longer famous?
  - A The public does not allow them to move on.
  - B The probability of them being recognised is low.
  - C The temptation for them not to let go of their celebrity status is great.
- 2 Why does the woman mention the example of the dancer?
  - A to highlight the dancer's need for support from others
  - B to express her admiration for the dancer's coping strategies
  - C to suggest that the dancer's approach is by no means unusual

#### Extract Two

You hear two friends talking about swimming in rivers and lakes, a practice known as 'wild swimming'.

- 3 The woman decided to take up wild swimming because of
  - A her desire to explore unfamiliar places.
  - B the chance it offers to tackle a difficult challenge.
  - C a feeling of boredom with existing hobbies.
- 4 Which aspect of communal swimming do they both particularly appreciate?
  - A the variety of people they meet
  - B the feeling of mutual support
  - C the sharing of notable experiences

**Extract Three**

You hear two friends talking about installing solar electricity systems in private houses.

- 5 What aspect of solar power do the friends disagree about?
- A the need for the government to support the industry
  - B the influence of the media on people's opinions
  - C the importance of price in the demand for green energy
- 6 In the man's opinion, what will happen in the future regarding energy?
- A Vital resources will be scarce.
  - B People will be forced to accept major lifestyle changes.
  - C The current situation will continue for longer than expected.

## Part 2

You will hear a sports nutritionist called Emily Anderson talking to a group of students about how she helps young athletes with their diet. For questions 7–14, complete the sentences with a word or short phrase.

### Working as a sports nutritionist

Emily's early passion for (7) ..... influenced her choice of career.

After completing her education, Emily wanted to find employment in

(8) ..... but there was a lack of opportunity.

Emily uses the word (9) ..... to describe the stage youth

athletics has reached.

Emily often leads (10) ..... , which she finds very rewarding.

Emily recommends doing a degree module in (11) ..... to

increase work opportunities.

Emily explains that reading (12) ..... the best way to keep

up with the latest developments.

Emily points out that what she calls the (13) ..... can require

considerable investment.

Emily was surprised that one of the advantages of her job is the (14) .....

that she can use.

**Part 3**

You will hear part of an interview with two environmentalists, Carol Jones and James Wilson, who are talking about an approach to conservation called rewilding, and damaged environments. For questions **15–20**, choose the answer (**A**, **B**, **C** or **D**) which fits best according to what you hear.

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- 15** Carol's view of rewilding as a form of conservation is that it
- A** is limited in its scope.
  - B** enables native species to thrive.
  - C** is often misunderstood by non-scientists.
  - D** may be difficult to implement with some species.
- 16** James supports the presence of alien species because
- A** they have been shown to improve soil quality.
  - B** they are part of the evolution of nature.
  - C** the problem of removing them is too complex.
  - D** most native species are too weak to survive.
- 17** Carol produced her report on the location of native species in order to
- A** contradict certain widely-held beliefs.
  - B** criticise the way people neglect nature.
  - C** provide support for her original hypothesis.
  - D** enable research to be done into unusual habitats.
- 18** With conservation work, Carol and James both think that
- A** it's easy to learn from past mistakes made with ecosystems.
  - B** most ecosystems today have undergone some improvement.
  - C** it's necessary to understand that all ecosystems are dynamic.
  - D** most people accept the idea that climate change affects ecosystems.
- 19** Why does Carol mention wildlife corridors?
- A** to illustrate what ordinary citizens can do
  - B** to clarify a scientific term that is often misunderstood
  - C** to describe the way animals behave in urban environments
  - D** to show why open spaces have disappeared from cities
- 20** How does James feel about the attitude of some people towards the environment?
- A** worried about the way they ignore the problems
  - B** annoyed that they are unwilling to listen to suggestions
  - C** frustrated that they continue to plant non-native species
  - D** disappointed that they are only concerned with their own interests



Part 4

You will hear five short extracts in which people are talking about leaving their previous jobs to work freelance from home.

**TASK ONE**

For questions **21–25**, choose from the list (**A–H**) the reason why each speaker decided to work freelance from home.

**TASK TWO**

For questions **26–30**, choose from the list (**A–H**) the aspect of working freelance from home which each speaker has found challenging.

While you listen, you must complete both tasks.

**A** to fulfil a greater variety of tasks

**B** to feel free of supervision

**C** to follow the example of a friend

**D** to develop their creativity

**E** to gain greater financial rewards

**F** to avoid travel difficulties

**G** to be in control of their workload

**H** to have more options for holidays

Speaker 1 

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Speaker 2 

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Speaker 3 

	23
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Speaker 4 

	24
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Speaker 5 

	25
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**A** resisting online distractions

**B** having no colleagues to talk to

**C** stopping focussing on work at the end of the day

**D** feeling responsible for everything

**E** keeping up with professional developments

**F** organising the physical workspace

**G** receiving no feedback from superiors

**H** preventing interruptions from visitors

Speaker 1 

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Speaker 2 

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Speaker 3 

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Speaker 4 

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Speaker 5 

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